Choosing a character of your choice (good or bad) from *The Hero’s Guide to Saving Your Kingdom* by Christopher Healy, you will analyze that character and create a character analysis recipe.

You will need to use as many cooking terms as possible as you write your character’s qualities. Look at cookbooks for recipe examples and ideas of measurement.

What is your character’s most defining characteristic? Think about it as you decide what character ingredients to use and the measurements. You will come up with a title for your recipe that describes your character or something he did. (Newton’s law of physics came to him when an apple fell, his recipe would be something like Newton’s Apple Crumble.)

On a piece of paper, answer the following:
- Name of your character
- What attracted you to this character?
- Why do you think people would find this character appetizing/appealing?
- Determine and list events or forces that you believe helped shape your character. Use textual evidence by citing text to prove the traits that you include in your recipe.

Now, it’s time to start building your character analysis recipe. Come up with a minimum of seven ingredients (character traits) and a measurement of how much you think that trait makes of that person. (Ex. A pinch of compassion, a teaspoon of bravery and three cups fool, etc…)

We are looking at what makes them who they are on the inside, so limit your traits to only one physical characteristic. Once you have all your ingredients, come up with at least 5 steps instructing others on how to put this character together. These directions should give others an idea of who your character is. These must be in complete sentences and can be in the form of a paragraph or a numbered list.

Finally, how long does this character (recipe) take to prepare? Is this character made in just minutes or does it take longer?

Now that you have your recipe completed, you will use a sheet of computer or construction paper. Using a cookbook as an example, write out your recipe. Remember to include the name of your recipe, the ingredients and measurements of each, the directions and the prep/cook time.

Many recipes normally include a picture of the finished product. The illustrator did a wonderful job of illustrating each character in the book, but how do you picture your character? On the back of your recipe page, draw a picture so we can see how you view your character.